



NEW BORN'S CHECKLIST

BY KIDS ESSENTIALS

CATEGORISE

CLOTHING ESSENTIALS

FEEDING ESSENTIALS

SLEEPING ESSENTIALS

DIAPERING ESSENTIALS

BATHING ESSENTIALS

GROOMING & HYGIENE

BABY TOYS

NEW BORN

Sunmbal Siddiqui
KIDS ESSENTIALS

CLOTHING ESSENTIALS

- First outfit set (Preferably Starter Set)
- Rompers / Sleepsuits
- Onesies / Bodysuits (5-7)
- Shirts / Tops
- Trousers / Pajamas
- Night Suits
- a few gender specific Dresses
- Caps / Hats
- Mittens
- Booties / Socks
- Sweaters / Jackets (seasonal)
- Bibs
- Wrapping shawls
- Inner Vests

FEEDING ESSENTIALS

- Feeding bottles
- Thermal bottles (Hot/Cool Bottles)
- Bottle brush
- Sterilizer (or sterilizing solution)
- Milk storage bottles / Bags
- Bibs
- Burp cloths
- Nursing pillow
- Breast pads (to prevent leakage stains)
- Breast pump (optional)
- Formula milk (if advised by doctor)

DIAPERING ESSENTIALS

- Newborn diapers
- Diaper changing Sheet (waterproof)
- Diaper bag
- Diaper bags dispenser
- Wipes (unscented)
- Diaper rash cream
- Diaper caddy / Organizer

BATHING ESSENTIALS

- Baby bathtub / Bath tub seat
- Bath towel with hood
- Soft washcloths / Face towels
- Baby body wash / Soap
- Baby shampoo
- Baby lotion / Moisturizer
- Baby oil
- Baby sponge
- Bath thermometer (optional)
- Bath support net (optional)
- Cotton balls / pads

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SLEEPING ESSENTIALS

- Baby nest / Carry Nest
- Swaddle wraps / Swaddling blankets
- Baby blankets (light + warm)
- Sleeping bags / Sleep sacks
- Baby pillow (optional, flat & breathable)
- Night light
- Crib / Cot
- Crib mattress
- Mattress protector (waterproof)
- Fitted crib sheets (2-3)

GROOMING & HYGIENE

- Baby nail cutter
- Baby nail scissors
- Nail filer
- Nose cleaner / Nasal aspirator
- Ear cleaner
- Soft hair brush / Comb
- Baby wipes
- Cotton buds (baby safe)
- Diaper rash cream
- Petroleum jelly
- Hand sanitizer (for parents)

NICE-TO-HAVE

- Memory book
- Milestone cards
- Baby photo props
- Keepsake box
- Customized name pillow / blanket

NOTE

Mama Don't worry the time will pass and soon you will have your little one in your hands, but always remember There's no "perfect" way to do this, only **your way**, and that's more than enough and be gentle with yourself as you grow alongside your little one. Trust me You've got this, MAMA

one beautiful day at a time.